



# The Ed Poling Memorial



2025 – Our 13th year!

## Saturday, May 31

on the C&O Canal Towpath

Check-in location for all hikers:

Shepherd's Spring Camp & Retreat Center  
16869 Taylors Landing Rd., Sharpsburg, Md.

### Three distance options:

➔ **4K** (2.5 miles)  
Individual \$45; Families \$75

➔ **10K** (6.3 miles)  
Individual \$55; Families \$95

➔ **Half-marathon** (13 miles)  
Individual \$65; Families \$115

↓ OR...

Up for something bigger?

### Challenge Hike

Join us **Saturday, May 17**  
for 20 miles on the AT!  
*Details on our website*

Hospitality Stops ♦ Celebration Luncheon  
Music ♦ Prize Drawings ♦ Family-friendly

### 2-1 Match by God's Grace Fund!

Every dollar raised over the \$200  
suggested fundraising goal for each  
participant will be matched 2-1

REGISTER BY **MAY 11** FOR A  
\$10 DISCOUNT & GUARANTEED T-SHIRT!



For complete details and to Register:

[harccoalition.org/hike](http://harccoalition.org/hike)

or scan the code

Register online through May 30



Benefitting HARC programs  
Micah's Backpack  
Refugee Welcome Network

