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| Logo, company name  Description automatically generated | **NEW YEAR EVENTS 2023**  All events at St. Mark’s Fellowship Center, 18313 Lappans Road, Boonsboro  [www.unityhagerstown.org](http://www.unityhagerstown.org)  **QUESTIONS?** Call Sandy @ 240-409-5940 or send email to: [unityhagerstown@gmail.com](mailto:unityhagerstown@gmail.com) |

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| **New Year’s Sound Bath**  January 4 / 7 pm / $20  Set your intention for the New Year with guided meditation, crystal singing bowls, drumming, Native American flute, and other beautiful sound healing instruments. Relax, heal, clear and release energy, connect more deeply with your own inner knowing, and embody more of your truth, with **SABRINA MADSEN**   * Bring a yoga mat, blankets, and whatever you need to lay comfortably to relax and receive sound healing. Chairs will be available. | | |  | | |
| **Vision Board**  January 15 / 12:15 pm / $15  Create a beautiful collage of your vision for 2023! Homecooked vegetarian lunch and materials provided. Bring magazines, photos and other cool stuff to include in this powerful manifestation tool to personalize! RSVP- [unityhagerstown@live.com](mailto:unityhagerstown@live.com) by 1/14/23 | | | | **Travel photo collage** | |
| **Underground Swamis Spiritual Song Concert**  January 20 / 7 pm / $20  Spreading a message of love and gratitude in harmony! Tracey and Joe provide a beautiful space for the heart to grow through music. With original songs, standard hymns and mantras, this promises to be a very special evening. Pay at the door. | |  | | | |
| **Movie Night**  January 27 / 7 pm / $20  Three-Hundred-Twenty acres of sacred land filled with old-growth forests, meadows, lakes, and hills, the vistas, colors, textures, flora and fauna, and the animals that live and teach truths, just being discovered by human science. This film follows an 8-day ‘Equinisity’ retreat on the healing presence of animals. Light supper included. RSVP [unityhagerstown@live.com](mailto:unityhagerstown@live.com) by 1/26 | | | | | Horses running in smokey fields |
| Flames of fire on black background | **Burning Bowl Service-**release what no longer serves you  Jan. 1, 2023 / 11am  **White Stone Service-**claim the quality you want to embody for 2023  Jan. 8, 2023 / 11am | | | | |
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