

10 Years: 2012-2022



It's our 10th year,
come help us celebrate!

SATURDAY
June 4, 2022

On the C&O Canal Towpath
in Washington County, MD

Check-in for all hikers: **Shepherd's Spring Outdoor Retreat Center**
1686g Taylors Landing Rd., Sharpsburg, MD 21782
(You'll be shuttled to your start point on the towpath)

4K (2.5 miles) | Check-in: 9:30 a.m. or 10:30 a.m. | **OR** | **10K** (6.3 miles) | Check-in: 8 a.m. or 8:45 a.m. | **OR** | **Half-marathon** (13 miles) | Check-in: 7 a.m.

- Enjoy Snacks & Drink stops along the way
- All hikes conclude at Shepherd's Spring Outdoor Retreat Center
- Post-hike Celebration for all at Shepherd's Spring with food & music
- Prizes for top fundraising individual & team; prize drawing for anyone who raises funds!



Register or learn more at
www.harccoalition.org/hike
Or register using the back of this form

For discounted registration
& guaranteed t-shirt,
sign up by May 13!

Visit our website for
details on our **Virtual Hike**
& our **Challenge Hike**
on June 11

www.harccoalition.org/hike

Proceeds benefit HARC & Micah's Backpack

- Micah's Backpack, a program to feed hungry school children on weekends
- Early childhood well-being programs
- Interfaith work in our community



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HARC Hike Registration Form

One t-shirt is included with registration, but you can order more below.
Please note: "Family" = 2 adults plus all children. **Select distance, check-in time, and who's participating:**

<input type="checkbox"/> 4K (2.5 miles) Check-in: <input type="checkbox"/> 9:30 a.m. <u>OR</u> <input type="checkbox"/> 10:15 a.m. <input type="checkbox"/> Individual <u>OR</u> <input type="checkbox"/> Family	Individual: \$30 (\$40 after May 13); Family: \$55 (\$65 after May 13)
<input type="checkbox"/> 10K (6.3 miles) Check-in: <input type="checkbox"/> 8 a.m. <u>OR</u> <input type="checkbox"/> 8:45 a.m. <input type="checkbox"/> Individual <u>OR</u> <input type="checkbox"/> Family	Individual: \$40 (\$50 after May 13); Family: \$75 (\$85 after May 13)
<input type="checkbox"/> Half-marathon (13 miles); Check-in: 7 a.m. <input type="checkbox"/> Individual <u>OR</u> <input type="checkbox"/> Family	Individual: \$50 (\$60 after May 13); Family: \$95 (\$105 after May 13)

Name(s) _____
 Address _____
 Address _____
 E-mail _____
 Phone _____
 Church (if applicable) _____

T-shirts: Please indicate the **number of each size** t-shirt you want. **One t-shirt is included with your registration.** Deadline for guaranteed t-shirt is May 13. Please include \$12 for EACH additional t-shirt.

___ Youth S ___ Youth M ___ Youth L ___ S ___ M ___ L ___ XL ___ XXL

Runners are encouraged, but please note this is NOT a timed event. We love our pets, but please, no dogs. Each hiker will need to complete and sign a **liability and release form** when checking in prior to the start of the hike. Any children under 18 MUST be accompanied by an adult. A parent/guardian must sign the **liability and release form** for children under 18.

Complete form and return **with payment** to:
HARC, P.O. Box 1158, Hagerstown, MD 21741-1158
 Or register online at www.harccoalition.org/hike

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