

SATURDAY June 10, 2023

On the C&O Canal Towpath

Check-in for all hikers: Shepherd's Spring Camp & Retreat Center

16869 Taylors Landing Rd., Sharpsburg, MD 21782 (You'll be shuttled to your start point on the towpath)

4K (2.5 miles) Half-marathon **10K** (6.3 miles) Check-in: 9 a.m. OR Check-in: 8 a.m. OR (13 miles) OR 9:45 a.m. Check-in: 7 a.m.

~ See other side for registration fees. ~

- Register by May 21 for \$10 early-bird discount & guaranteed t-shirt
- Enjoy snacks and drink stops along the way, activities for children
- All hikes conclude at Shepherd's Spring for post-hike lunch celebration!
- Prizes for top fundraising individual & team; prize drawing for *anyone* who raises funds!



Virtual Hike

You can also hike virtually! See our website for details.

Challenge Hike

Up for a bigger challenge? Join us Saturday, May 13 for 20 miles on the AT! Details on our website.



To learn more or register: Scan this code, OR Visit harccoalition.org/hike OR use the back of this page

Proceeds benefit HARC & Micah's Backpack

- Micah's Backpack, a program to feed hungry school children on weekends
- Childhood well-being programs
- Strengthening houses of worship & interfaith relationships





Backpack Feeding





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HARC Hike Registration Form

☐ Individual Registration Includes 1 event t-shirt 2.5 mile Hike: \$40 (\$50 after May 21) 6.3 mile Hike: \$50 (\$60 after May 21) 13 mile Hike: \$60 (\$70 after May 21)	☐ Family Registration (2 adults plus all children) Includes 1 event t-shirt 2.5 mile Hike: \$65 (\$75 after May 21) 6.3 mile Hike: \$85 (\$95 after May 21) 13 mile Hike: \$105 (\$115 after May 21)	
Youth Teams: Contact HARC for registration info.		
Name(s):		
Address:		
Address:		
E-mail:		
Phone:		
Church:		
Hike distance: 🗖 2.5 Mile	☐ 6.3 Mile ☐ 13 Mile	
T-shirts: Please indicate the number of each size t-shirt you want. 1 t-shirt is included with your registration. Deadline for guaranteed t-shirt is May 21. Please include \$18 for EACH additional t-shirt.		
Youth M Youth LS	MLXLXXL	
Each hiker will need to complete and sign a liability and release form when checking in prior to the start of the hike. Any children under the age of 18 MUST be accompanied by an adult, and a parent or guardian must sign the liability and release form for children under 18. Runners are encouraged, but please note, this is NOT a timed event. We love our pets,		

Complete form and return <u>with payment</u> to: HARC, P.O. Box 1158, Hagerstown, MD 21741-1158 Or register online at www.harccoalition.org/hike

but please, no dogs.

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Church:	
Hike distance: 🗖 2.5 Mile	□ 6.3 Mile □ 13 Mile
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