

Interfaith Coalition of Washington County Annual Winter Retreat – February 2, 2019



Shepherd's Spring Outdoor Ministry Center
16869 Taylor's Landing Road, Sharpsburg, MD 21782

8:30 am to 4:00 pm

Theme: *"Turning Toward Compassion: Conversations of Hope in Troubled Times."*

Religious and spiritual traditions teach the importance of compassion. And yet in times fraught with anger and division, we can all too easily lose touch with that deep heart connection that unites us with others and our deepest selves. In this retreat, we'll return to compassion - sharing our experiences, exploring our traditions, and reclaiming ways to keep the flame of compassion alive within. We'll draw upon our own interior wisdom and touch on what experts and sages have to offer as we collectively seek a greater understanding of the necessity of compassion and the hope it offers us in these times.

Retreat Leader: *Leah Rampy* is the former executive director of Shalem Institute for Spiritual Formation in Washington, DC, where she continues to serve on the faculty for programs and pilgrimages. She has a particular interest in contemplative leadership, a way of being that draws on compassion and co-creation, and has developed an online course on the topic. Leah was a founding member and leader in McLean Community Dialogues that began after 9/11 and drew together people from many traditions to engage in facilitated conversations. Leah has worked as a teacher in public schools and universities, served as a corporate executive in Fortune 100 companies, and founded her own business offering leadership consulting and coaching. She lives with her husband in Shepherdstown in a newly formed cohousing community.

Cost: \$42.00 (\$38.00 Early-bird special until January 19, 2019) Includes lunch.

Questions: Call Ed Poling at 301-766-9005 or email elpoling1@gmail.com

----- Registration Form -----

Name _____ Phone _____

Address _____ State _____ Zip _____

Email _____ Request scholarship support _____

Cost: _____ \$38.00 Early Bird Special until January 19
_____ \$42.00 After January 19

Dietary requests: _____

Return to Ed Poling, 161 Stanford Road, Hagerstown, MD 21742 with payment.
Make checks out to "Interfaith Coalition of Washington County."