



TOP 40 RANDOM ACTS OF KINDNESS THAT ARE EASY TO DO!

- 1) Give someone a compliment
- 2) Provide a positive comment online
- 3) Start a piggy bank for a cause
- 4) Buy lemonade from a child's stand
- 5) Give away your parking spot
- 6) Put money in someone else's meter
- 7) Pay a toll for the person behind you
- 8) Donate your used books to a library
- 9) Be kind to a server
- 10) Leave quarters at the laundromat
- 11) Bake for someone
- 12) Clean the gym equipment
- 13) Talk to someone sitting by themselves
- 14) Offer to grocery shop for a busy mom
- 15) Cook a meal for a senior citizen
- 16) Visit someone in a nursing home
- 17) Send anonymous flowers
- 18) Visit people in the hospital
- 19) Collect canned goods
- 20) Clean up litter in your neighborhood
- 21) Wash a neighbor's car
- 22) Let someone cut in the checkout line
- 23) Do a friend's laundry
- 24) Bring doughnuts to the office
- 25) Smile at someone you don't know
- 26) Compliment someone's parking job
- 27) Pay for someone's gas
- 28) Write a note or letter
- 29) Hold the door open for someone
- 30) Donate to a veteran
- 31) Babysit for free
- 32) Run an errand for someone
- 33) Bring food to an animal shelter
- 34) Work a shift at a soup kitchen
- 35) Offer your seat to someone
- 36) Volunteer at a homeless shelter or hospice
- 37) Donate blood
- 38) Help someone with a project
- 39) Put your phone away and listen
- 40) Do something just for you!



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