

Hospice of Washington County

Bereavement Services

offering healing and hope in a time of loss

Hearts of Hope	Hearts of Hope is an on-going, open support group, available to any adult who has experienced loss related to the death of a loved one. Offered on the 2nd and 4th Thursday of each month from 5:30-7:00 pm and the 1st and 3rd Monday of each month from 10:30 am-12:00. No registration required
Healing Hearts	4-week, closed-ended support group designed for specific populations (Loss of Child/Loss of Spouse/Loss of Parent/Survivors of Suicide). Offered 4 consecutive Monday evenings, rotated throughout the year, 5:30-7:00 pm. Next group: Loss of Spouse starting Mon., Oct. 20.
Grief 101 Workshop	An overview of the grief process in an instructional setting: common reactions to loss; how it is individualized; what helps the griever; what you can do to help someone who is grieving. Open to anyone who has experienced a death or anyone who wants to learn how to be supportive to someone who is grieving. Please call for times/dates.

<p>Camp Hope ‘N’ Cope</p>	<p>Overnight grief camp for kids, ages 6-13. Offered one time per year. Designed to teach children coping skills in an environment where they can have fun, just be kids, and share with others going through similar experiences.</p>
<p>Timely Topics</p>	<p>Educational workshops on topics related to the grief process. Offered one Monday each month, 5:30-7:00pm. Upcoming topics: Sudden & Traumatic Loss, Sept. 15 Letting Go of Guilt & Regret, Oct. 13 Coping with Grief at the Holidays, Nov. 17 and again on Dec. 15</p>
<p>Grief Walks:</p> <p><i>Walking Together Through Grief</i></p>	<p>This easy-paced walking group offers an opportunity to share and learn from others who have also experienced the death of a loved one. All fitness levels.</p> <p>Friday mornings 10:00-11:00 am Sept. 12 thru Nov. 21 Join in anytime. Call for more information.</p>
<p>Individuals, Couples, and Family Counseling</p>	<p>One-on-one sessions available by appointment.</p> <p>To register for a group or workshop, or if you would like more information about our services, please call us. We’d love to hear from you.</p>

Bereavement Staff

Cathy Campbell, LCPC, CT	Manager of Bereavement Services
Maggie Terry, LCSW-C	Bereavement Counselor
Robin Morris, LCSW-C	Bereavement Counselor
Dot Kemmet	Bereavement Program Assistant

In addition to providing services from our Northern Avenue office, we also offer bereavement support at our Life Centers:

Hancock Community Life Center, 126 West High Street, 2nd Floor, 301-671-2165
Bereavement Counselor: Maggie Terry, LCSW-C, ACHP-SW

Hagerstown Community Life Center, 20 West Washington Street, 3rd Floor , 301-671-2166
Bereavement Counselor: Robin Morris, MSW, LCSW-C