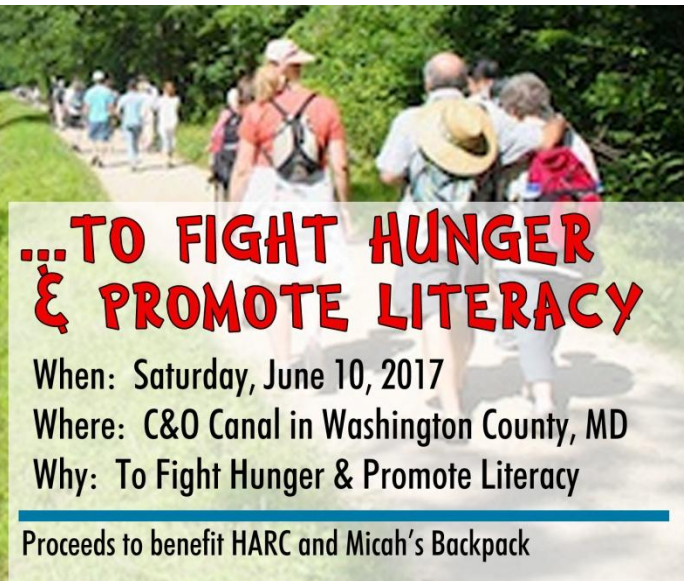


TAKE A WALK ON THE WILD SIDE...



Join Us for the 5th Annual



...TO FIGHT HUNGER & PROMOTE LITERACY

When: Saturday, June 10, 2017

Where: C&O Canal in Washington County, MD

Why: To Fight Hunger & Promote Literacy

Proceeds to benefit HARC and Micah's Backpack

Have Some Fun! – Choose Your Distance, Meet New Friends, Enjoy Good Food

This fully supported hike features 4K (2.5 miles), 10K (6.2 miles), and Half Marathon (13.1 miles) routes. Enjoy snacks and drink stops along the way. All hikes will be along the C&O Canal Towpath and will end at the Shepherd's Spring Retreat Center, where we'll enjoy food, fun, and friendship. Visit www.harccoalition.org/hike for more info and start times.

Want an even more challenging hike? Contact us about our 2-day Maryland Challenge on the Appalachian Trail.

Help Feed the Hungry and Promote Literacy

Proceeds will benefit HARC (whose initiatives include Micah's Backpack, early childhood education and well-being programs, Food Pantry & Soup Kitchen Collaboration, and more) and Micah's Backpack (a program to feed hungry elementary school students).

Registration Form

Individual Registration

Includes an event T-shirt

2.5 Mile Hike: \$30 (\$40 after May 21)

6.2 Mile Hike: \$40 (\$50 after May 21)

13.1 Mile Hike: \$50 (\$60 after May 21)

Family Registration (2 adults plus all children)

Includes 1 event T-shirt

2.5 Mile Hike: \$55 (\$65 after May 21)

6.2 Mile Hike: \$75 (\$85 after May 21)

13.1 Mile Hike: \$95 (\$105 after May 21)

Name _____
 Address _____
 City _____ State _____ ZIP _____
 e-mail _____ (To send you start location information and event updates)
 Phone _____ Church/Org: _____

Hike Distance: 2.5 Mile 6.2 Mile 13.1 mile

T-Shirts: Indicate the number of each size T-shirts you want. **1 T-shirt is included with your registration.**

Deadline for guaranteed t-shirt is May 21st. Please include \$12 for EACH additional T-shirt.

____ Youth M ____ Youth L ____ S ____ M ____ L ____ XL ____ XXL

Runners are welcome, but please note this is not a timed event. We love our pets, but please no dogs. Each hiker will need to complete and sign a **liability and release form** when checking in prior to the start of the hike. Any children under the age of 18 **MUST** be accompanied by an adult, and a parent or guardian must sign the **liability and release form** for children under the age of 18.

Register Today! Complete form and return with payment to:

HARC, PO Box 1158, Hagerstown, MD 21741-1158

Or register on-line at: www.harccoalition.org/hike



Micah's Backpack:
Feeding Our Future

