### Join us for the 9th Annual



# Saturday Sept. 11, 2021

On the C&O Canal Towpath in Washington County, MD

Check-in location for all hikers: Shepherd's Spring Outdoor Retreat Center

16869 Taylors Landing Road Sharpsburg, MD 21782





You will be shuttled to your start point on the towpath

4K (2.5 miles) Check-in: 9:30, 10, 10:30 am.

**10K** (6.2 miles) Check-in: 8 or 9 am Ind \$50, Fam \$85

Half-marathon (13 miles) Check-in: 7 am Ind. 60, Fam \$105

Ind \$40, Fam \$65

### ■ \$10 discount and guaranteed t-shirt if you register by August 20

- Enjoy Snacks & Drink stops along the way
- All hikes conclude at Shepherd's Spring Outdoor Retreat Center
- Post-hike Celebration for all hikers at Shepherd's Spring with food, music & fellowship! (COVID-safe)



## Register or learn more at www.harccoalition.org/hike

Or register using the back of this form

## Challenge Hike

Want a more challenging hike? Join us Sat, Sept. 25 for 20 miles on the Appalachian Trail in PA. See website for details.

### Proceeds benefit HARC & Micah's Backpack

- Micah's Backpack (a program to feed hungry school children on weekends)
- Early childhood education and well-beina programs
- Celebrating 20 years of Interfaith Work in Wash. Co.!



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## HARC Hike Registration Form

☐ Individual Registration	☐ Family Registration	
Includes 1 event t-shirt	(2 adults plus all children)	
4K (2.5 Mile) Hike: \$30	Includes 1 event t-shirt	
(\$40 after August 20)	4K Hike: \$55	
10K (6.2 Mile) Hike: \$40	(\$65 after Aug 20)	
(\$50 after August 20)	10K Hike: \$75	
Half Mar. (13 Mile) Hike: \$50	(\$85 after Aug 20)	
(\$60 after August 20)	HM Hike: \$95	
	(\$105 after Aug 20)	
☐ Virtual Hike: \$50 - hike anyv	where, anytime by 9/11/21	
Name(s)		
Address		
Address		
E-mail		
Phone		
Church (if applicable)		
Hike Distance & Time: 4K 9	9:30	
□ 10K 8:00 □ 10K 9:00	☐ Half Marathon ☐ Virtual	
<b>T-shirts:</b> Please indicate the number of each size t-shirt you want.  1 t-shirt is included with your registration. Deadline for guaranteed t-shirt is May 19. Please include \$12 for EACH additional t-shirt.		
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Complete form and return with payment to: HARC, P.O. Box 1158, Hagerstown, MD 21741-1158
Or register online at www.harccoalition.org/hike

**form** for children under 18.

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•	SMLXLXXI

Runners are encouraged, but please note this is NOT a timed event. We love our pets, but please, no dogs. Each hiker will need to complete and sign a **liability and release form** when checking in prior to the start of the hike. Any children under the age of 18 MUST be accompanied by an adult, and a parent or guardian must sign the **liability and release form** for children under 18.

Complete form and return with payment to: HARC, P.O. Box 1158, Hagerstown, MD 21741-1158 Or register online at www.harccoalition.org/hike